

# ***Project IMPACT:***

## ***Diabetes Prevention***



### **November 2021 DREF Launches Partnership with APhA Foundation to Prevent Diabetes**

△ Beginning in this fiscal year, DREF is partnering with the American Pharmacists Association Foundation (APhA) to conduct a national diabetes prevention program. Entitled ***Project IMPACT: Diabetes Prevention***, the initiative is a year-long education and wellness program that teaches participants skills needed to prevent Type 2 diabetes

△ Many African Americans are at risk of developing diabetes. Join this initiative to have an IMPACT in preventing the disease. You can register (in-person or virtually) during the 55<sup>th</sup> National Convention of DST to determine your eligibility to participate in ***Project IMPACT***.

△ Visit the DREF informational booth at the DST 55<sup>th</sup> National Convention in Atlanta, GA to learn how you, your family members, and/or chapter members can benefit from this health initiative. Or if you are attending virtually, visit the DREF website to learn more [www.deltafoundation.net](http://www.deltafoundation.net)

△ DST chapters interested in offering the ***Project IMPACT: Diabetes Prevention*** program as a part of your health and wellness agenda are encouraged to contact DREF via email: [info@deltafoundation.net](mailto:info@deltafoundation.net).

△ Volunteers are needed to help promote this empowering and life-saving program in your community. Contact the DREF Program Director to volunteer by sending an email to [info@deltafoundation.net](mailto:info@deltafoundation.net) not later than November 23, 2021.

△ ***Project IMPACT: Diabetes Prevention*** will teach participants the skills they need to prevent type 2 diabetes. In the first six months, participants will attend a weekly class that will focus on a particular skill.

Δ In the second half of the year, periodic classes will be available to assist with achieving long-term success. Throughout the program, participants will have a personal lifestyle coach available to provide support and answer questions.

Δ **Deadline to register as a participant is December 31, 2021.**

Δ The *Project IMPACT: Diabetes Prevention* classes will be offered in-person and virtually; online video classes are available.

Δ The APhA Foundation received a grant from the Centers for Disease Control and Prevention (CDC) to promote and facilitate enrollment in the CDC's National Diabetes Prevention Program.

Δ Check out great resources below; short video clips profile the *Project IMPACT: Diabetes Prevention* Program. **A Change for Life video – Program components and testimonials**

<https://www.youtube.com/watch?v=mRVZ9lkubag>



**To check your eligibility, please scan QR Code above or click on link below**

<https://dpp.impactdiabetes.org/FindClass.html?Source=1467118356>

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